

Supporting your mental health

Do you have depression, stress, anxiety, low mood, an eating disorder, insomnia, or another mental health condition, which is affecting your work?



“You’re not alone”

Remploy can help, call us on:

0300 456 8114

or email

vocationalrehabilitation@remploy.co.uk

www.remploy.co.uk/mentalhealth

jobcentreplus

Department for
Work and Pensions

Remploy in partnership
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Ref. R13-March17