



# Small Workplace Health Award



## What is the cost of ill-health to business?

Around 175 million working days were lost to illness in Britain in 2006, which is equivalent to seven days for each working person. In Wales on average, sickness absence costs employers £659 per employee each year.

## Why should I get involved in health in the workplace?

The business case for workplace health improvement continues to strengthen. A focus on health and well-being can improve the engagement and motivation of employees and lead to increased effectiveness, productivity and competitiveness. It is estimated that sickness absence can be reduced by 20-50 per cent with effective practices in the workplace.

## What support is available to me?

Free support and advice is available for small businesses and organisations to develop health and well-being initiatives in the workplace, through the 'Small Workplace Health Award'.

## What is the Small Workplace Health Award?

The Small Workplace Health Award is the new national mark of quality for health and well-being in the workplace, for organisations employing fewer than 50 people. It has three levels of award (bronze, silver and gold) to recognise each development stage achieved.



## How do I get involved?

You can confirm your interest in free support and advice by contacting your Regional Workplace Health Adviser or by visiting the website:

### **North Wales**

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